

THE

# Bluejacket

NAVAL SUPPORT ACTIVITY MID SOUTH

NOVEMBER 2023: VOLUME 81, NO.7

Learn about a **FREE** resource on  
base you may want to start utilizing!

p. 10



# NAVAL SUPPORT ACTIVITY MID-SOUTH LEADERSHIP



COMMANDING  
OFFICER  
CAPT MICHAEL  
MOSBRUGER



EXECUTIVE  
OFFICER  
CDR JEREMY  
WOODALL



COMMAND MASTER  
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CMDCM CHRIS BYARD

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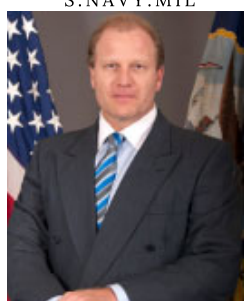
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**Bluejacket Editor: MC2 Austin Collins**

**Public Affairs Officer: Kendra Lawler**

**Send submissions to: NSAMidsouth\_PAO@us.navy.mil**

# NORMAL OPERATING HOURS

**Willis Gate @Navy Rd.**  
24/7

**Automated Vehicle Gate**  
Closed until further notice

**NEX Main Store**  
(Includes Uniform Shop)  
Mon-Fri 0900-1800  
Sat 0900-1800  
Sun 1000-1800

**Subway**  
Mon-Thu 0900-1800  
Fri 0700-1800  
Sat 1000-1800  
Sun 1000-1600

**NEX Mini-Mart**  
Mon-Fri 0600-1800  
Sat 0900-1700  
Sun 0900-1700  
Gas 24/7

**NEX Package Store**  
Mon-Fri 0900-1800  
Sat 0900-1800  
Sun 1000-1800

**Post Office**  
Mon-Fri 1000-1400

**24/7 Non-Emergency  
Security Dispatch**  
(904) 542-3109

**Commissary**  
Sun 1000-1700  
Mon 1000-1700  
Limited Services - Deli  
Closed, Only Self Check Out  
Tue-Fri 0900-1830  
Sat 0900-1800

**Eagle Peak Grille**  
Mon-Fri 0700-1330

**Eagle Peak Bar**  
Mon-Fri 1100-1700  
Sat/Sun 0900-1700

**Park Field Café**  
Mon-Fri 0700-1330  
Mon-Thu 1800-2200  
Sun 1800-2200

**ID Card Office**  
Mon-Fri 0730-1600



**Captain Michael Mosbrugger**  
Commanding Officer

(901) 874-5102  
michael.c.mosbrugger.mil@us.navy.mil

**Commander Jeremy Woodall**  
Executive Officer

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**Command Master Chief Chris Byard**  
(901) 874-5412

christopher.a.byard2.mil@us.navy.mil

**Mrs. Pamela Martin**

Command Executive Assistant  
(901) 874-5102  
pamela.l.martin4.civ@us.navy.mil

## Notable upcoming events:

### Host Tenant Meeting

**\*\* 29 November 2023 @ 1300\*\* Location: Pat  
Thompson**

**5700 Attu Street—Bldg. 767**

# INSTALLATION NEWS

## **GENERAL INFORMATION**

- For all reservation and ceremony inquiries regarding Pat Thompson Bldg. 767, please contact NSA Mid-South Command Services, NSAMIDSOUTH\_PTCONFCENTER@US.NAVY.MIL
- Check out the CO Suggestion Box Answers weekly in the CNRSE App.

## **UPCOMING MWR EVENTS**

- [www.navymwrmidsouth.com/events](http://www.navymwrmidsouth.com/events) or check out our Facebook "NSA Mid-South Morale, Welfare and Recreation Department"

## **UPCOMING FFSC EVENTS**

- Check us out on Facebook "Fleet and Family Support Center NSA Mid-South" and our calendar on page 12!

## **UPCOMING CHAPEL EVENTS**

- The Chapel Sanctuary is open for silent individual prayer every Tuesday and Thursday 1100 - 1130. Chapel Worship Schedule: Protestant Worship - 1000 Sunday

## **CLINIC NOTES**

### **OPERATIONAL & OVERSEAS SCREENINGS**

- Upon receipt of overseas orders, report directly to the Operational Readiness Clinic.
- Members and dependents (if applicable) will be tracked through completion of Overseas Suitability

- Screening (PCS orders) or Individual Augmentee (IA) Screening (IA orders).
- Please call HM2 Norris at 901-874-6218 for any questions or concerns. Please leave a VM if no answer and he will return your call.

## **PHARMACY ELECTRONIC PRESCRIPTIONS**

- The Pharmacy is no longer able to accept hard copy prescriptions of all types (including Controlled Substances). Only Electronic Prescriptions will be accepted.
- A reminder that you may call the Pharmacy to activate your prescription (901) 874-6121.

## **INSTALLATION TRAINING DATES & INFO**

- **Nov. 9 Winter safety stand down- 1000-1130 at Pat Thompson**
- **Nov. 29- Training Drill**
- Interested in being a role-player for our training exercises? Please email our Training Dept: NSAMidsouth\_ITO@us.navy.mil
- Level 1 AT Awareness Training link for non-CAC:

<https://jkodirect.jten.mil/pdf/at11/launch.html>

Help for victims of sexual assault in the DoD community is a call, click or text away. The Safe Helpline provides live, one-on-one crisis support and information by trained staff; Call: (877) 995-5247; click: [www.SafeHelpline.org](http://www.SafeHelpline.org) text: 55-247 CONUS or (202) 470-5546 OCONUS (may be extra charges for OCONUS).



# *Holiday Hours and Gate Closures*

## **Veterans Day, Nov.10**

**Singleton Gate:** Closed

**Navy Rd Gate:** Open 24/7

**Commissary:** Normal operating hours

**NEX:** Normal operating hours

## **Thanksgiving Day, Nov.23**

**Singleton Gate:** Closed

**Navy Rd Gate:** Open 24/7

**Commissary:** Closed (Mon., Nov.20 will be fully operational to meet holiday needs)

**NEX:** Closed

## **Monday, Nov. 13**

**Singleton Gate:** Closed

Open only to commercial traffic

**Navy Rd Gate:** Open 24/7

## **Black Friday, Nov. 24**

**Singleton Gate:** Closed.

**Navy Rd Gate:** Open 24/7 and to commercial traffic

**Commissary:** Normal Operating hours

**NEX:** 0600-1800





# CO'S CORNER

Shipmates,

I want to use my space this month to remind everyone about a date of significance this month. There are many federal holidays, but one of my personal favorites is Veterans Day. It is a time when our nation comes together to honor and remember the sacrifices of our veterans- past and present. Memorial Day is more about Service members that passed away while serving, Veterans Day is more about celebrating those that served who we can still thank and honor in person.

Here at NSA Mid-South, our mission is anchored in service, support, and community, much like the service of our veterans. I urge everyone to take a moment this Veterans Day to express gratitude to those who have served and continue to serve our country. I encourage you to go beyond our installation gates, to engage with our community, and to find ways to give back. The City of Millington hosts an impressive Veterans Day parade each year and I encourage you to attend the event on Nov. 4 at 1000. Many of the surrounding communities also have events planned that we can and should participate in.

If you are keeping track, the country's population is increasing dramatically, but our Armed Forces are getting smaller. As a result, the personal connections between our citizens and our service members is also getting smaller. With that connection weakening, many citizens associate the idea of a "veteran" with one who is struggling with a service-connected disability or health concern. I met a young person once that thought a veteran was either a third-year NFL football player or a homeless person.



As current and former Service members, and their family members, we have a responsibility to shape that narrative, and assure that the vast majority of veterans were able to serve without getting injured, and that serving in the Armed Forces in American was a great career choice. We are all recruiters now, and for my part the best contribution I can make to our recruiting mission is to get in front of as many people as possible and build personal connections – connections that may become a recruit that represents my relief when the Navy forces me to retire someday.

By making Veterans Day more than just a day off, we embody the principles that define the mission of our installation, further strengthening the bond between us and the community we proudly serve. Thank you for reading.





## *UH Room of the Month!*

HM3 Stephanie Koscinski of NMRTU Memphis! Enjoy the parking spot and no room inspection for November!



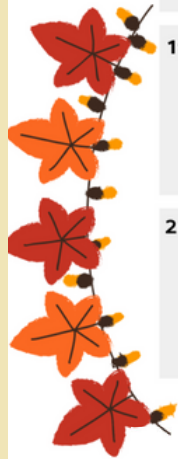
### Installation Winter Weather Procedures




- In the event winter weather impacts the installation, an AtHoc message will be released notifying all personnel of the installation operating status: operations normal/delayed reporting/early release/or closed to non-essential personnel.
- If the conditions are deemed unsafe the base will be limited to mission essential personnel only.
- Installation information phone line will be updated accordingly 901-874-7474 as well as local media outlets.
- Check with your parent command for specific reporting instructions as each command may have separate requirements.
- Follow the installation app and Facebook page for additional base services updates (i.e. FFSC, NEX, MWR, etc).





# NOVEMBER 2023

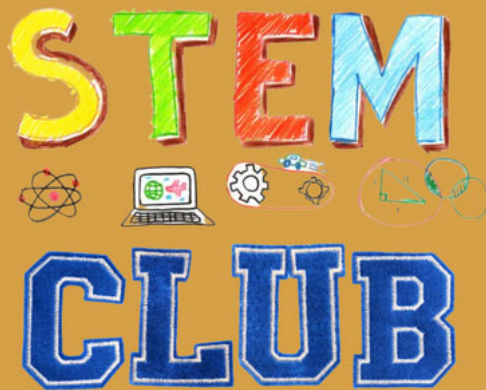


SUN	MON	TUE	WED	THUR	FRI	SAT
			1 11:00 STORYTIME 3:30 STEM CLUB	2 11:00 LITERACY GYM	3 LIBRARY CLOSED for Staff Training Day	4 10:00 CRAFT TIME
5	6 3:30 LEGO CLUB	7 3:00 TEEN TIME	8 11:00 STORYTIME 3:30 CODING CLUB	9 11:00 LITERACY GYM	10	11 LIBRARY CLOSED
12	13 3:30 LEGO CLUB	14 3:00 TEEN TIME	15 11:00 STORYTIME 3:30 STEM CLUB	16 11:00 LITERACY GYM	17	18 10:00 CRAFT TIME
19 NO PROGRAMS	20 NO PROGRAMS	21 NO PROGRAMS	22 NO PROGRAMS	23 LIBRARY CLOSED Happy Thanksgiving!	24 LIBRARY CLOSED	25 NO PROGRAMS
26	27 3:30 LEGO CLUB	28 3:00 TEEN TIME	29 11:00 STORYTIME 3:30 STEM CLUB	30 11:00 LITERACY GYM		

Millington Public Library | 4858 Navy Rd, Millington, TN 38053 | 901-872-1585  
millingtonpubliclibrary.org

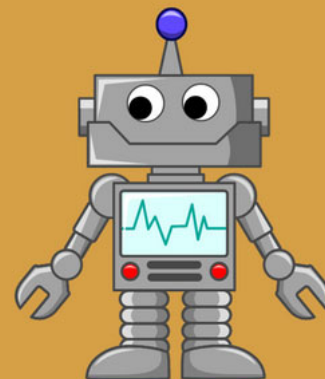
## THIS MONTH @ THE MILLINGTON PUBLIC LIBRARY!

**DO YOU LIKE SCIENCE?  
THIS IS THE CLUB FOR YOU!**



**Wednesday 3:30-4:30  
November 1, 15, 29**

**KIDS CODING  
CLUB**



**Wednesday 3:30-4:30  
November 8**



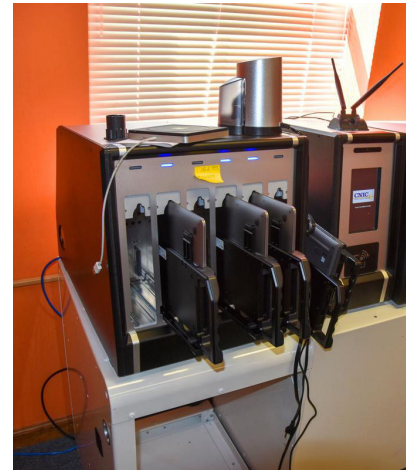




# TEEN CENTER

## What is it?

The **Teen Center** provides after-school care and gives teens opportunities to focus on character development, leadership skills, communication, building self-esteem, making new friends and to just have fun. DOD certified, affiliated with Boys and Girls Club of America (BGCA) and offers 4-H programs.



## Q & A with Stephanie Hubbard, Youth Assistant Director, Teen Center

### *What kinds of things does the Teen Center offer?*

"We offer recreational activities, where teens can come after school and just hang out. We also do instructional activities, whether it's art or sports. Through the Boys and Girls Club, we offer clubs. We have cooking clubs, Smart Girls, Passport to Manhood. A whole bunch of awesome programs through there that hopefully we will be able to offer in the future."

### *How much does it cost if somebody wants to enroll their teen?*

"The program is absolutely **FREE**. You just have to be associated with the military. Active Duty, Retiree or DOD Civilian. The program is open to all children between 7th - 12th grade."

### *Is there anything else you would like people to know about the program?*

"Just that I am trying to rebuild it, make it fun again. I am definitely trying to get more teens involved."

**Registration: FREE** (Must preregister before attending)

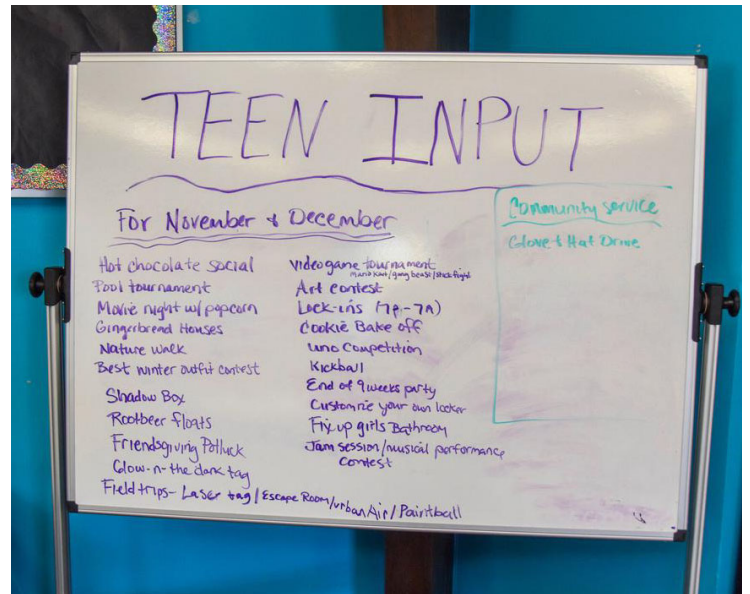
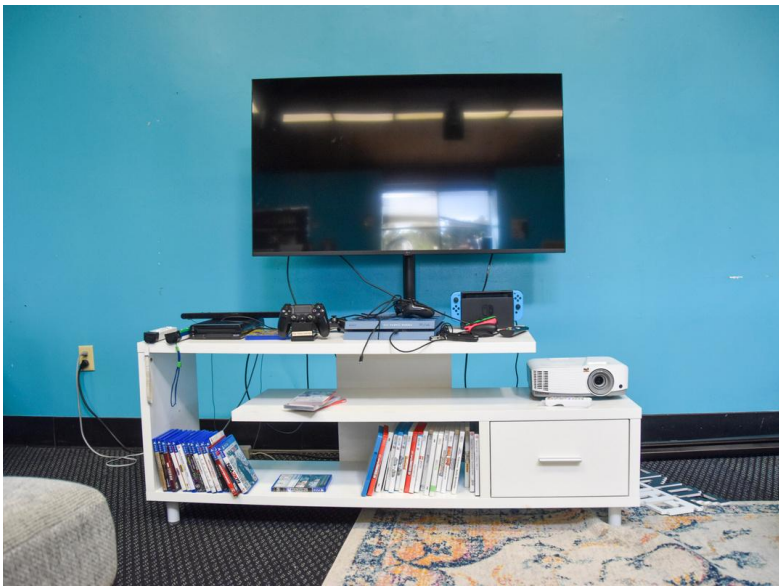
**Hours:** Mon - Fri, 1400 - 1700  
(Bus drop-off from Millington Central Middle High School)

**Location:** 5970 Savitz Street BLDG S-770

**Phone:** (901) 874 - 5494

**Email:** [midsouthteens@gmail.com](mailto:midsouthteens@gmail.com)





## Q & A with Caleb Groom, Teenager

**How old are you and what school do you attend?**

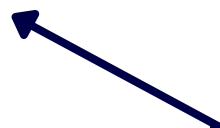
**"I am 15 and I go to Millington High School."**

**How long have you been coming to the teen center?**

**"I have been coming to the CYP afterschool programs for seven or eight years."**

**What is your favorite thing about the teen center?**

**"I like how many things you can do here, how open and diverse it is, I guess, and what you can do."**



**Genuine Teen Responses!**



# NOVEMBER

## WORKSHOPS

Stop by the Fleet & Family Support Center, Building 456, 3rd Fl. for more information about our workshops or call us at 901-874-5075 to register

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>30</b> 0800 - 1600 CFS Training	<b>31</b> 0800 - 1600 CFS Training	<b>1</b> 0800 - 1600 CFS Training  1300 - 1400 Anger Management	<b>2</b> 0800 - 1600 CFS Training  1000 - 1100 FAP Prevent/Respond to Child Abuse/Neglect	<b>3</b> 0800 - 1600 CFS Training  EFMP Dance Party! 1730 Dance Arts, Inc.	<b>4</b>
<b>5</b> Daylight Savings Time Ends 	<b>6</b> 0800 - 1600 TAP	<b>7</b> 0800 - 1600 TAP  0900 - 1000 Effective Communication	<b>8</b> 0800 - 1600 TAP  0900 - 1100 Smooth Move OCONUS  1400 - 1500 CFS Advanced Training	<b>9</b> 0800 - 1600 TAP  1430 - 1530 FAP Prev/Resp. to Intimate Partner Violence  1500 - 1600 Mov'n With Minors	<b>10</b>  Veterans Day Observed FFSC Closed  Marine Corps Birthday 248 yrs!	<b>11</b> 
<b>12</b>	<b>13</b> 0800 - 1600 DoD My Education	<b>14</b> 0800 - 1600 DoD My Education  0900 - 1200 Resume Writing & Cover Letters (In-Person)  1400 - 1500 PFM Making the Most of Tri-Care	<b>15</b> 0800 - 1600 DoL My Employment  0900 - 1030 Innovative Interviewing (Virtual)  1300 - 1430 Resume Writing (Virtual)	<b>16</b> 0800 - 1600 DoL My Employment  1500 - 1600 College Bound	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b> 0830 - 1130 Federal Resumes	<b>22</b>	<b>23</b> Happy Thanksgiving 	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>  0900 - 1000 Autopsy of a Deceased Relationship  1400 - 1600 Innovative Interviewing (In-Person)	<b>29</b> 0800 - 1600 My Entrepreneurship (B2B)	<b>30</b> 0800 - 1600 My Entrepreneurship (B2B)		



# AMERICAN INDIAN

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# HERITAGE MONTH

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STORY BY MASS COMMUNICATIONS SPECIALIST 2ND CLASS AUSTIN G. COLLINS

In celebration of American Indian Heritage Month, we are highlighting Yeoman First Class Javier Solis, a proud member of the Navajo Nation, who serves at NSA Mid-South. His journey is a testament to the significance of heritage, values, and service.

Solis proudly belongs to the Navajo Nation, one of the largest and most influential indigenous communities in the United States. His heritage and cultural background have played an integral role in shaping his path in the Navy.

"I am Navajo," Solis proudly states, grounding his identity in a rich and vibrant heritage that has endured for generations. "My mother is Navajo, and because both of my parents were in the military, I never lived on any reservation. We still made an effort to follow our customs, including attending powwows as often as possible."

A powwow is a gathering with dances, food and other culturally significant activities held by many Native American and First Nations communities.

Growing up in a Navy family, Solis was accustomed to a nomadic lifestyle. "Moving every three to four years became the norm, and starting anew in a new place was a constant reality," he reflects. But after his father's retirement, the stability of one location for nine years didn't quite sit right with him. "It just got old and boring," he admits.

The desire for adventure, a sense of duty, and a commitment to continue the family legacy led him to make the life-changing decision to join the Navy.



Solis' heritage has greatly influenced his perspective on his military career and daily life. He emphasizes the importance of maintaining the balance between the Earth and humanity, a core Native American value.

"We must maintain the balance between earth and man," he explains, "Mother Earth provides us with everything we need to survive; man needs to take care of Mother Earth so she can continue to take care of us."

American Indian Heritage Month is a time for celebration and education, and Solis hopes to impart a crucial message to others, "To respect all forms of life," he emphasizes. "Everything on this earth has an important role to play."

He points to the essential roles of even the tiniest creatures, saying, "Bees help pollinate plants for our fruits and vegetables to grow, earthworms eat decaying material from plant roots helping them grow, even sea cucumbers do their part to help keep the ocean clean. If we all respect each other, the world would be a much better place."

Solis' great grandfather, a Code Talker who served in the Army, stands as an influential figure from Native American history who has profoundly impacted his life and career.

"My Great Grandfather was a Code Talker," he proudly reveals, "During World War II, the military gathered a group of around 29 Navajos to come up with code words for certain items. Since the Navajo language was more of a spoken language than a written one, it was not easily recognizable. This made it ideal for encrypting messages that our adversaries could not easily decipher."

Balancing Navy duties with the preservation of his Native American heritage and connection to his community is no small task, but Solis manages it with grace. "While Navy duties come first," he explains, "I still celebrate my heritage after my duties are done. It may be later in the day or the following day, but it still gets celebrated."

As an advocate for Native American individuals considering a career in the military, Solis offers this sage advice: "Remember to always be you! Do not hide your heritage, your culture, or your beliefs. Doing so, you'll forget who you are."

Solis also has a passion for special effects makeup, something he is currently going to school for.

"My love of horror movies made me interested in special effects makeup and I will pursue a career in that field after I retire from the Navy next year." said Solis.

Solis currently supports the Navy with his unique skill by providing realistic special effects makeup for various drills.

In Javier Solis, we find an embodiment of tradition, service, and the enduring spirit of the Navajo Nation, an individual who cherishes both his cultural roots and his dedication to the United States Navy. This American Indian Heritage Month, his story serves as a source of inspiration for all, emphasizing the importance of respecting the world and the diverse cultures that inhabit it.





# Discovery Nature Park



"Millington's newest park is a part of the original Park Field that was established November 1917, by the US Government as an Army Signal Corps Aviation School used to train pilots for service with the Allied Forces during WW I.

By February 1918 flight operations were in full swing but only until November 1918 when the armistice was signed, and the war ended.

After that the airfield began pioneering airmail routes throughout Tennessee and the surrounding states. In March 1920, the government officially purchased Park Field. However, the airfield continued to decline until it was little more than a storage area for aircraft and parts.

Ironically, the Stock Market "Crash" of 1928 breathed new life into Park Field. During the 1930s the field served as a transient camp for unemployed workers. In 1937 the Resettlement Administration took over the land and developed model farms used to demonstrate what could be achieved with correctly Park Field remained under this agency's jurisdiction until the outbreak of WW II.

Just as the onset of WWI had given Park Field its birth in 1917, the declaration of war on December 08, 1941, had similar results, heralding the arrival of naval aviation to the Memphis area. In February of 1942, the Navy Shore Station Development Board recommended approval of a reserve aviation base on the former site of Park Field.

On September 15, 1942, the Naval Reserve Aviation Base was officially commissioned on the south side of the station. The original Park Field had 700 acres it grew to 3500 acres in size during World War II. It was named after Lt. Joseph D. Park. These 12 acres were part of the land the Navy gave to the City in 1995, during the US Department of Defense, Base Realignment and Closing (BRAC) and believed to be part of Park Field.

Since 1942 the U. S. Navy has gone through many operational changes and today the City of Millington is proud to be the home of the Naval Support Activity Mid-South where 6,000 plus military and civilian personnel serve our Country and protect our Freedom. Katie Armitage - Former Parks and Recreation Director came up with the idea to make this acre Parcel a Public Park in 2017.

The Millington Mayor and Board of Aldermen approved the Park and Mary Haizlip, Architect, owner of Haizlip Studio was hired and she designed the Park, to include the Veteran's Memorial."

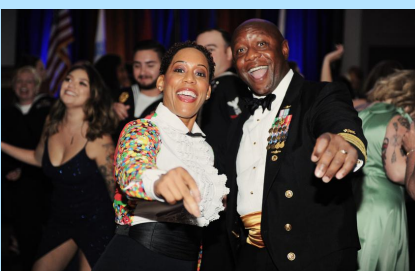






## 248th Birthday of the Navy

NSA Mid-South celebrated the Navy's 248th Birthday with active and retired military members, and veterans from all branches.



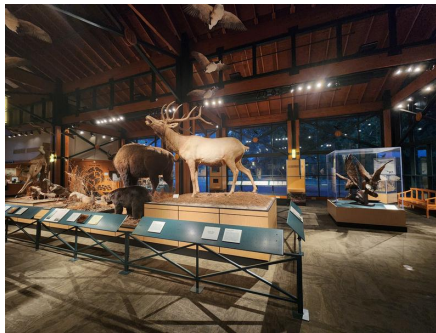
# PERSpectives

Brought to you by PERS-9

GET  
YOUR  
FLU  
SHOT



CM1 Campos at construction site help building houses, painting, and more



MoSH Lichterman Nature Center



LSSR Zhong at the Science Table



Pers-9 Command PT



PRT 2023

## Community Contribution



To help local families build or improve places they can call home.

POC: CM1 Richard Campos  
RICHARD.B.CAMPOS@NAVY.MIL



Junior Enlisted Association supports MoSH with numerous events. Reach out for future opportunities.

POC: HM2 Oluwagbenga Folarin  
OLUWAGBENGA.FOLARIN1@NAVY.MIL

## Stay Strong and Healthy



Excellent teamwork development from command PT for Pers-9! Good job on your PRT 2023!



Influenza Shots are now available at Navy Branch Medical Clinic

Date: Oct 25th & 26th 2023; Nov 1st & 2nd 2023  
Time: 0900-1100 & 1200-1500  
POC: HM3 Johansen Kyla  
901.874.6129/6138



Career Transition Office (CTO) has officially changed to Reserve Processing & Affiliation Center (RPAC)

<https://www.facebook.com/profile.php?id=100075248632779&mibextid=LQQJ4d>

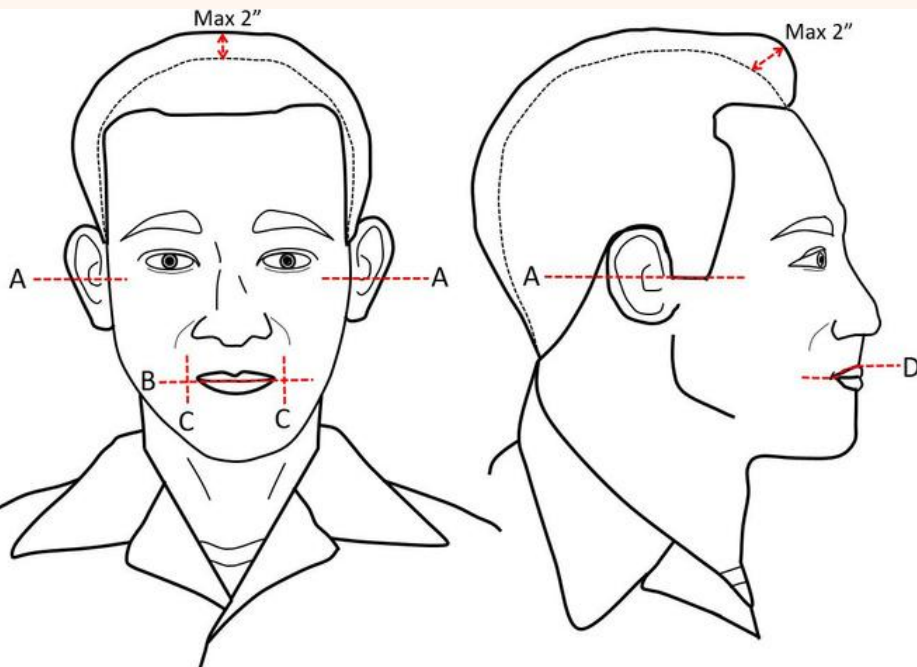
Follow PERS-97 FB page and stay tuned for our new logo.



# MOVEMBER 2023



Movember is an annual event involving the growing of moustaches during the month of November to raise awareness for men's health issues, such as prostate cancer, testicular cancer, and men's suicide.



Per instruction for Active Duty, mustaches are authorized but will be kept neatly and closely trimmed. No portion of the mustache will extend below the lip line of the upper lip. It will not go beyond a horizontal line extending across the corners of the mouth and no more than 1/4 inch beyond a vertical line drawn from the corner of the mouth.





## DEPARTMENT OF DEFENSE SEXUAL ASSAULT PREVENTION AND RESPONSE OFFICE

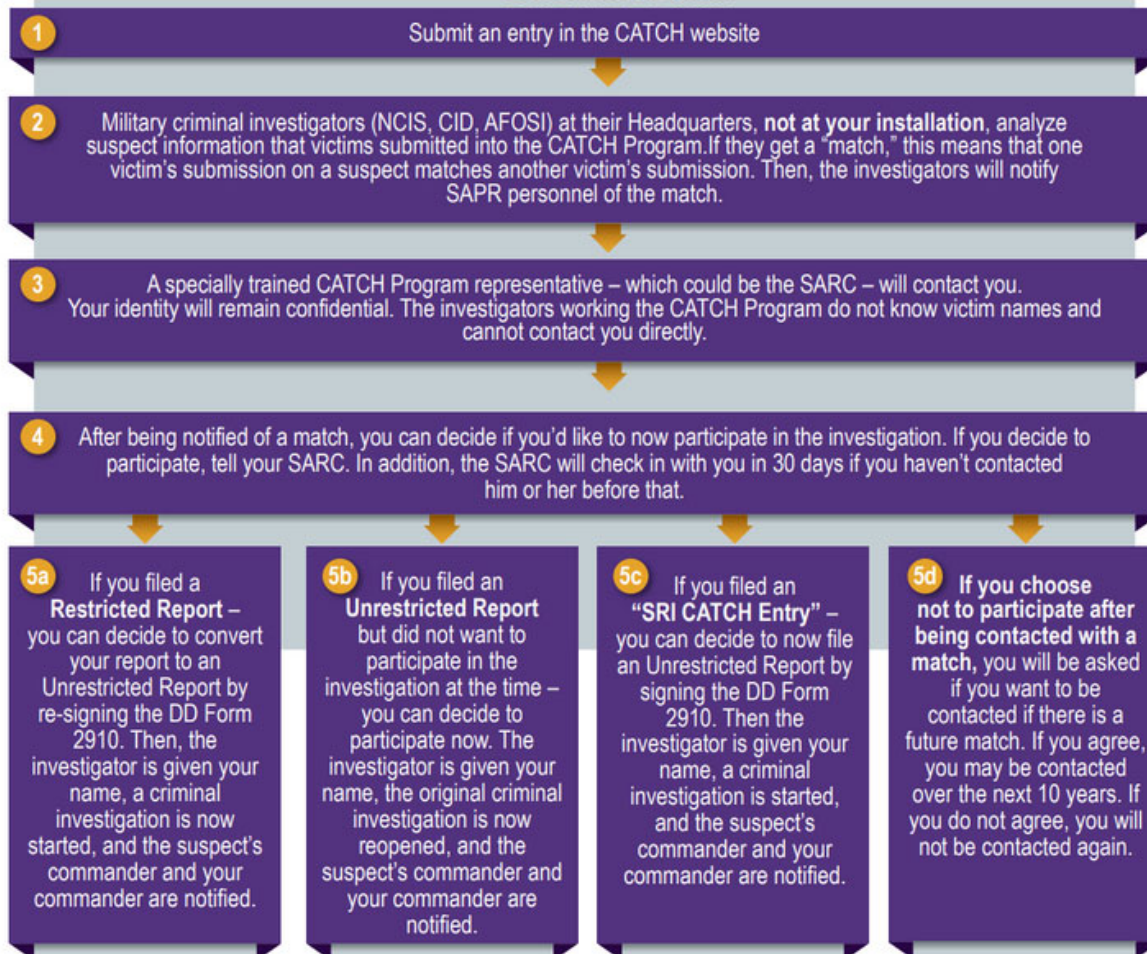


### Catch a Serial Offender (CATCH) Program Victim Info Sheet

The CATCH Program gives adult sexual assault victims who filed Restricted Reports, certain Unrestricted Reports (where the name of the suspect is not reported to law enforcement or uncovered by law enforcement), or no report an opportunity to anonymously submit suspect information to help the DoD identify serial offenders.

**To make a CATCH entry**, contact the Sexual Assault Response Coordinator (SARC) or Sexual Assault Prevention and Response (SAPR) Victim Advocate (VA). They will explain the program and provide you a username and password to gain access to the CATCH website. You are eligible if you filed a sexual assault report with a DD Form 2910 and the name of the suspect is not known by law enforcement. However, if you do not want to file a sexual assault report, you can still participate in CATCH by submitting a "SAPR-related Inquiry (SRI) CATCH Entry." Your entry is anonymous. If your entry "matches" another entry or an investigation, you will be contacted by SAPR personnel, not an investigator, and you will then decide whether to participate in the investigation. **Your participation in the CATCH Program is voluntary.** If there is a match, your name will not be automatically provided to law enforcement without your permission. **You may decline to participate in the process at any point, even after being notified that there was a potential match.** There shall be no adverse consequences if you do not agree to participate.

#### CATCH PROGRAM



#### FREQUENTLY ASKED QUESTIONS

► **Do I have to provide my name?**

*No, you cannot share your name; the process is anonymous.*

► **What information do you need about the suspect?**

*The top 5 things that we would like you to provide, but only if you know them, are the suspect name, suspect phone number or social media username(s), suspect rank, date of offense, and location of the sexual assault. You can provide as much information as you can remember and feel comfortable sharing. You only need to complete one field to be able to submit an entry.*

► **How long do you keep my entry in the CATCH system?**

*Each entry is kept for 10 years. This means that you could be contacted at any time over the next 10 years if there is a potential match, as long as you don't opt out and your contact information doesn't change.*

► **I have more questions. Who can I speak with before deciding?**

*If you are eligible, your SARC or SAPR VA can offer you a referral to a Special Victims' Counsel or Victims' Legal Counsel, who is your personal attorney (not a prosecutor or a defense attorney). They can help answer your legal questions about the CATCH Program.*





# Health & Wellness News from NMRTU Memphis



## NOVEMBER 2023- TOBACCO FREE LIVING MONTH

**Week 1 - It's important to live a tobacco free life to stay healthy and maintain readiness as a Sailor or Marine.** Results of recent Navy and Marine Corps Public Health Workplace Health Risk Assessment Annual Reports indicate that tobacco use is higher among Sailors and Marines compared to the general U.S. population. The national smoking rate among American adults is 13.9%, and the use of smokeless tobacco is 3.4%. Quitting smoking provides immediate health benefits. After 20 minutes, your pulse and blood pressure drop, and after 12 hours, the levels of carbon monoxide in your body return to normal. Quitting tobacco will also speed up your recovery of other injuries and provide positive health effects for other parts of your body. There are many resources and programs that you, your family, and friends can use to quit tobacco; it is never too late to quit. These resources can be found by visiting the Tobacco Free Living Web page.

**Week 2 - Cigars and hookah are still harmful, even if you don't use them often.** The perception that these products are less harmful than traditional tobacco products is false; they are not a safe alternative to smoking cigarettes. Hookah has the same addictive properties and because of the way a hookah is smoked, users often absorb more toxic substances compared to smoking cigarettes and one full size cigar can have as much nicotine as several cigarettes. For more information on cigar smoking visit the Centers for Disease Control and Prevention.  
(Continued on next page)

## Holiday Hours

**\*\*NMRTU Memphis Radiology Services will be closed on 24 NOVEMBER 2023. \*\***

**\*\*NMRTU Memphis will be closed on 23 NOVEMBER 2023 due to Thanksgiving Holiday. Clinic operations will resume 24 NOVEMBER 2023, 0700-1600.\*\***

**\*\*NMRTU Memphis and Pharmacy will be closed on 8 DECEMBER 2023 from 1200-1600 for Command Morale/Holiday Function.\*\***

**\*\*NMRTU Memphis and Pharmacy will be closed on 25 DECEMBER 2023 (Christmas Day). \*\***

**\*\*NEW PHARMACY HOURS starting January 2024: closed every 4th Wednesday from 1300-1600, starting 24 JAN 2024.\*\***



**Week 3 - Find the motivation to quit tobacco and get support from family and friends.** There are plenty of reasons to consider quitting, from the increasing costs of a pack of cigarettes to wanting to be healthier inside and out. Whatever your reasons are, it's important to gain support from your family and friends for encouragement and accountability. Whether you are thinking about quitting or supporting someone who is, the HPW nurse for tips, considerations, and actions you can take. This week and throughout the rest of the month, you can support your peers, family, and friends in their quit by participating in NMCPHC's Support the Quit program and the American Cancer Society's Great American Smoke out, a day where people pledge to start their smoke-free life.

**Week 4 - Don't jeopardize the health of your family and friends by smoking.** Secondhand smoke is dangerous and harmful to the health of everyone, including you, your loved ones, and your friends. Thousands die each year from heart disease, lung cancer, and stroke caused by passive and environmental secondhand smoke. Secondhand smoke is also very harmful for children and can cause serious health problems, like middle ear infections, asthma attacks, bronchitis, and other breathing problems. Babies born to mothers who smoke are more at risk for Sudden Infant Death Syndrome. Protect yourself and your friends and family by not allowing smoking in or around your house or your car, even with the windows down or on the patio.



*The City of Millington Presents*



**CANDY CANE LANE**



**CHRISTMAS PARADE**

**SATURDAY, DECEMBER 02, 2023 AT 1:00 PM**

PARADE WILL BEGIN AT 1:00 PM AND LINEUP WILL BEGIN AT 12:00 PM.  
THE PARADE WILL TRAVEL DOWN NAVY RD FROM NEWPORT TO LEROY BOATWRIGHT.

TO BE A PARTICIPANT IN THE CHRISTMAS PARADE REGISTER ONLINE AT [MILLINGTON.TN.GOV](http://MILLINGTON.TN.GOV)  
FOR MORE INFORMATION CALL  
PARKS AND RECREATION (901)873-5770





# Happening @



## National Veterans and Military Families Month

**November, 2023:** Navy MWR Mid-South will be hosting a celebration throughout the month of November in honor of our heroes... our military veterans and families! MWR facilities and programs will run specials, host games, movies and events highlighting our appreciation of military veterans and families.

## Humvee Pull is back!

**Wednesday, Nov. 8:** Join us in the parking lot South of Joe Dugger Fitness Center 1100-1300 to see who is tough enough to pull a Humvee across our finish line in record time. Come show your strength and pull a Humvee. Team of 4 pull a Humvee for 100ft, Individual pull for 50ft. Awards: 1st and 2nd for male and female Individual Humvee pull; 1st and 2nd for Group Humvee pull; 1st for "Battle of the Armed Services" Group Humvee pull. For more information call the 874-5497 or stop by the Joe Dugger Fitness Center (5671 McCain (bldg. S-499) Millington, TN 38054.)

## Army vs Navy Flag Football Tryouts

**November 6, 7, 8, 1130 – 1300** at the Turf Field

Athletes will be selected from Tryouts to represent NSA MID-SOUTH in the annual Army vs Navy Flag Football Face-Off on Saturday, Dec. 9, 2023. These athletes will compete against active duty athletes from the Army Team – Ft. Campbell, Kentucky in 4 quarters of gridiron action. Final roster announce Nov. 17. Register at the Joe Dugger Fitness Center (5671 McCain (bldg. S-499) or call the 874-5497.

## Turkey Trot 5K Fun Run/Walk

**November 16, 2023:** Most highly anticipated 5k race for Mid-South. Spread your wings and join the MWR team at our Annual Turkey Trot 5K Fun Run/Walk. Reserve your spot online at [www.navymwr-midsouth.com/turkeytrot](http://www.navymwr-midsouth.com/turkeytrot). PARTICIPATION IS FREE! START/FINISH: Ellison Recreation Center (5671 McCain | bldg. S-499 Millington, TN 38054) RUN START: 1130 (Packet Pickup 1030-1130) Gobble, Gobble ... Run or Wobble! ... but don't miss the fun! Participants will receive a shirt (while supplies last). Free drawings for prizes will be conducted post-race! Post-race meal will be served in NOFFS Zone! Please note: EVENT IS NOT OPEN TO THE GENERAL PUBLIC. Patrons must be able to get on base to participate. For more information call the 874-5497 or stop by the Joe Dugger Fitness Center (5671 McCain (bldg. S-499) Millington, TN 38054.) No pets allowed. Children must be supervised at all times.



## Winter Wonderland and Tree lighting

**December 2, 2023:** Christmas holiday themed event to kick off the holiday season for the entire Navy Mid-South Community. Everyone is invited to throw on their favorite ugly Christmas sweater, load up the car and prepare to experience a heart warming, magical evening of family fun.



Interested in hosting a booth or for more information send email to [CNIC\\_SE\\_NSAMS\\_ComRec@us.navy.mil](mailto:CNIC_SE_NSAMS_ComRec@us.navy.mil)









GLEN EAGLE



FITNESS CENTER



RECREATION CENTER



NAVY YOUTH CENTER



CHILD DEV. CENTER



MIDWAY RV PARK



AUTO SKILLS



# NavyMWRMidsouth.com



ABOUT EVENTS CHILD & YOUTH FITNESS FOOD & BEV JOBS RECREATION LODGING SUPPORT SERVICES



*The latest on upcoming events, job openings and more.*

## COMMUNITY RECREATION PROGRAMS

### AUTO SKILLS

(901) 874-5675

Monday: Closed

Tuesday: 1000 - 1730

Wednesday: 1000 - 1730

Thursday: 1000 - 1730

Friday: 1000 - 1730

Saturday: 0800 - 1530

Sunday: Closed

Federal holidays: Closed

### ELLISON COMMUNITY RECREATION CENTER

(901) 874-5652

Monday: 1100 - 1900

Tuesday: 1100 - 1900

Wednesday: 1100 - 1900

Thursday: 1100 - 1900

Friday: 1200 - 2000

Saturday: 1200 - 2000

Sunday: 1100 - 1900

Federal holidays: Closed

### LIBERTY OFFICE

(901) 874-5437

Monday: 1100 - 1900

Tuesday: 1100 - 1900

Wednesday: 1100 - 1900

Thursday: 1100 - 1900

Friday: 1200 - 2000

Saturday: 1200 - 2000

Sunday: 1100 - 1900

Federal holidays: Closed

### OUTDOOR RECREATION

(901) 874-5163

Monday: 0900 - 1630

Tuesday: 0900 - 1630

Wednesday: Closed

Thursday: 0900 - 1630

Friday: 0900 - 1630

Saturday: 0800 - 1530

Sunday: Closed

Federal holidays: Closed

### POV RESALE & STORAGE

(901) 874-5496

Monday - Friday:

0800 - 1600

Federal holidays: Closed

### RECREATIONAL LODGING

(901) 874-5496

Monday: 0930 - 1800

Tuesday: 0930 - 1800

Wednesday: 0930 - 1800

Thursday: 0930 - 1800

Friday: 0930 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

### TICKET AND TRAVEL OFFICE

(901) 874-5652

Monday: 1100 - 1900

Tuesday: 1100 - 1900

Wednesday: 1100 - 1900

Thursday: 1100 - 1900

Friday: 1200 - 2000

Saturday: 1200 - 2000

Sunday: 1100 - 1900

Federal holidays: Closed

## FITNESS & SPORTS

### FITNESS CENTER

(901) 874-5497

Monday - Friday: 0500 - 2000

Locker room cleaning closures

Women: 0900 - 0930

Men: 0930 - 1000

Saturday: 0800 - 1600

Sunday: 1000 - 1600

Federal holidays: 0800 - 1400

### NOFFS ZONE

Monday - Friday: 0500 - 2000

Saturday and Sunday: Closed

### N-82 GYMNASIUM

Monday - Friday: 1030 - 1300

Federal holidays: Closed

### SPLASH PARK

May - October:

Tuesday - Sunday:

0800 - 2000

Mondays: Closed

Federal holidays: Open

## CHILD AND YOUTH PROGRAMS

### CHILD DEVELOPMENT CENTER

(901) 874-5745

Monday: 0600 - 1800

Tuesday: 0600 - 1800

Wednesday: 0600 - 1800

Thursday: 0600 - 1800

Friday: 0600 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

### SCHOOL LIAISON OFFICE

(901) 874-5343

Monday: 0700 - 1400

Tuesday: 0700 - 1400

Wednesday: 0700 - 1400

Thursday: 0700 - 1400

Friday: 0700 - 1400

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

## GOLF PROGRAM

### GOLF COURSE PRO SHOP

(901) 874-5168

Monday - Friday: 0700 - 1800

Tee times start at 0800

Saturday & Sunday: 0730 - 1600

Tee times start at 0730

Federal holidays: 0700 - 1800

## FOOD AND BEVERAGE

### PARK FIELD CAFE

(901) 874-5841

Monday: 0700 - 2200

Tuesday: 0700 - 2200

Wednesday: 0700 - 2200

Thursday: 0700 - 2200

Friday: 0700 - 1730

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

### TEEN CENTER

(901) 874-5494

Hours vary, please call for current hours.

Federal holidays: Closed

### YOUTH CENTER

(901) 874-5155

Before and After School:

0600 - 0800 and 1545 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

Vacation Play Days and

Summer Day Camp:

Monday - Friday

0600 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

### EAGLE'S PEAK GRILL

(901) 874-5415

Monday: 0700 - 1330

Tuesday: 0700 - 1330

Wednesday: 0700 - 1330

Thursday: 0700 - 1330

Friday: 0700 - 1330

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

### EAGLE'S PEAK BAR

Monday: 1100-1700

Tuesday: 1100-1700

Wednesday: 1100-1700

Thursday: 1100-1700

Friday: 1100-1700

Saturday: 0900-1700

Sunday: 0900-1700

Federal holidays: Closed

<https://www.navymwrmaidsouth.com/about/directory>

Need more info ...touch base with the Marketing Manager (MWRWizard@gmail.com).



**GRID # FACILITY**

- J 12 Auto Skills Shop (N-778/N-397)
- R 21 Bachelors Quarters (S-454)
- Y 13 Chapel (S-777)
- Y 28 Child Development Center (S-943)
- EE 27 Commissary (S-752)
- E 40 Cottages at Glen Eagle (N-345/N-347)
- BB 26 Dog Park (S-1840)
- H 39 Eagle's Peak Bar and Grill (N-939)
- O 15 Ellison Community Recreation Center (S-499)
- T 21 Fleet and Family Support Center (S-456)
- JJ 23 Gas Station Mini Mart (S-935)
- H 39 Glen Eagle Golf Course (N-939)
- H 21 Gymnasium (N-82)

**GRID # FACILITY**

- T 21 ID Office (S-456)
- O 14 Joe Dugger Fitness Center (S-499)
- O 15 Liberty Program (S-499)
- C 23 Memphis Navy Flying Club
- FF 30 Midway RV Park
- O 15 Movie Room (S-499)
- S 20 MWR Admin Office (S-455)
- X 20 Navy Exchange (S-752)
- L 07 Navy Federal
- J 26 Navy Lodge (N-931)
- S 11 NGIS (S-450/451/452)
- N 14 NOFF ZONE (S-947)
- V 16 Outdoor Recreation (S-797)

**GRID # FACILITY**

- X 20 Package Store (S-574)
- F 21 POV Storage Office (S-449)
- F 21 POV Sale Lot Office (S-449)
- S 10 Recreation Lodging Office (S-449)
- X 26 Softball Field
- V 28 Splash Park (1903A)
- R 10 Park Field Cafe (S-449)
- X 20 Subway (S-752)
- Z 31 Teen Center (S-770)
- O 15 Tickets and Travel Office (S-499)
- V 26 Turf Field
- P 08 Visitor Center / Gate Passes (S-938)
- Z 30 Youth Center (S-936)





# ACROSS THE INSTALLATION

## USACE Logistics Activity- Personnel in the Spotlight

Courtesy of Amanda Rae Moreno, USACE Logistics Activity Public Affairs Officer

Name: Celedonio (CEL) Amaral

District: Sustainment Division

Position: Property Book Officer

Time on board: Since 13-March-23

With about 6 months with, Celedonio "Cel" Amaral is tackling property accountability with the US Army Corps of Engineers Logistics Activity (ULA). He is already proving to be a valuable member of the Sustainment Division team.

"As the Property Book Officer, Cel is responsible for managing and maintaining accurate records of all government property owned by ULA," said Caylene Majors, Chief, Personal Property Management Branch "This includes tracking the location and status of all equipment, materials, and supplies, as well as ensuring that they are properly maintained and accounted for. Cel is playing a key role in supporting ULA's mission by ensuring that all property is accounted for and in good working order, which will in turn help to ensure the success of all ULA operations."

Majors said that in addition to a wealth of knowledge in the logistics field, Amaral's ability to share information and identify opportunities for improvement, has already benefitted ULA.

"Cel's best attribute is communication and his experience," said Majors. "Cel has very effective communication and this comes with his expertise in the area of property accountability. Cel's ability to communicate his knowledge has already led to opportunities for ULA to be innovative and improve the way we do supply requirements. Cel is helping lead ULA into the next generation of property accountability."



Amaral said that during his first few months with the organization, he has been very happy with the culture and opportunities to grow that the position has offered him.

"I really enjoy working with the personnel in my section," Amaral said. "Everyone I've interacted with so far is incredibly courteous and professional. It's easy to see that they really enjoy their job and are glad to be here. Helping others. I find it quite rewarding to be able to learn new things and expand my knowledge base. It is also rewarding to be able to show others new processes and find ways to improve and enhance existing processes."

Amaral enjoys that he is able to help a wide range of individuals with property support including the Finance Center, the Logistics Activity, and all the Regional Logistics Managers and District Logistics Managers across the nation. (Continued on next page)



Amaral's diverse military background has no doubt helped him quickly become an asset to the Sustainment Division and ULA.

"While originally from California, I feel like I'm from all over," Amaral said. "I served as a logistician in the Active Army with tours in Korea, Fort Hood, and Fort Lewis, and Active Army National Guard in Washington State through the grade of MSG (E8). I was then commissioned as a Warrant Officer and worked as an Accountable Property Officer for a Theater Aviation Command and a Combat Brigade. I retired in 2019 and worked for a window manufacturing company before being hired to be a team member at the ULA."

## CITY OF MILLINGTON CHRISTMAS TREE LIGHTING AND PICTURES WITH SANTA

NOVEMBER 30, 2023

6:00PM-7:00PM

WITH TREE LIGHTING

@ 6:30PM

MILLINGTON FIRE STATION

4836 NAVY RD.

GOODY BAGS FOR  
THE KIDS

HOT COCOA  
COOKIES



## CITY OF MILLINGTON VETERANS DAY PARADE

*"Honoring all who served"*

*November 04, 2023*

*10:30 AM*

~Community Cook-Out following~

Sponsored by and located at the

Millington VFW Post 7175

4681 Cuba-Millington Rd.

Millington, TN

Register to participate in parade @ [millingtontn.gov](http://millingtontn.gov)

For more information call

(901) 873-5770





## OPERATION CHRISTMAS CHILD SHOEBOXES

Imagine that you are a little boy or girl who won't be getting a Christmas present this year. That is the unfortunate possibility for millions of boys and girls around the world. Fortunately, you can make a difference. Operation Christmas Child is a ministry that provides shoeboxes loaded with gifts for boys and girls across the globe. The empty shoeboxes are available in the NSA Mid-South base chapel along with instructions, suggestions for gifts, and labels. The shoeboxes can be picked up anytime the chapel is open and also on Sundays from 0930-1100 hours. Once you have filled your shoebox and labeled it for a boy or girl you can return it to the chapel on any Sunday from 0930-1100 hours or on Thursday, 9 November 2023 from 1100-1230 hours.



To see how Operation Christmas Child shoeboxes are impacting the lives of boys and girls around the world, view the four-minute video at:

<https://www.youtube.com/watch?v=SuzuAvehpBM>

The NSA Mid-South Operation Christmas Child shoeboxes ministry is sponsored by the Sunday Protestant Worship Service. For more information, contact Michele Webb at (901)618-2588.

## Safety Comment Box



Have a safety concern or question for the Safety Department? Scan the QR code to drop us a comment!



# WE ARE LISTENING



COMMANDING OFFICER'S  
SUGGESTION BOX

Scan here:







**As part of Navy Region Southeast and Navy Installations Command, NSA Mid-South serves as the Navy's Human Resources Center of Excellence.**

**Have a story, event, personnel, or program you would like to see featured in The Bluejacket?**

**Email us at [NSAMidsouth\\_PAO@us.navy.mil](mailto:NSAMidsouth_PAO@us.navy.mil)**

**Submission deadline is the 25th of each month!**

**The Bluejacket will publish the first Friday of each month.**



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